RISE RENTRY COURT PROGRAM PHASES –

The program is a four-step process, requiring a commitment of at least one year. Graduation occurs after all personal, therapeutic and court goals are met, along with a sustained period of sobriety and compliance. Program phases are set to meet individual goals/treatment needs.  Timing of the phases are based on compliance and noncompliance may result in delay or restarting of a phase.

**PRE-ENROLLEMENT PERIOD - ORIENTATION**

* A referral to the program is made
* The referred is prescreened by the RISE Behavioral Health Court Liaison to ensure the referral is complete with all appropriate materials and current evaluation
* The referral packet is distributed to the RISE Behavioral Health Court Team and collaboratively reviewed
* The referred will be asked to observe at least one court session and express their reasons for wanting to be in the program and what they hope to accomplish
* The AUSA will obtain final approval for acceptance into the program
* Program agreement will be reviewed with the referred by defense counsel
* All parties will sign the program agreement and participation is finalized

**PHASE ONE: (Minimum of 60 days)**

*Goals: The participant will be provided with a foundation of support to abstain from drug and alcohol use, while engaging in treatment.*

**Expectations:**

* The participant will be referred for therapeutic services, including medication management if appropriate
* The participant will set personal and therapeutic goals.
* The participant will be given a peer mentor and referrals to community mental health resources.
* The participant will begin randomly drug testing at a minimum of three times per month.
* The participate will come to court on a weekly basis and complete weekly goal/assignments
* The participant will apply for all benefits entitled to through case management services
* Minimum of two monthly visits with assigned Probation Officer (home or office
* The participant will prepare a written update on the progress made towards personal and treatment goals and present it to the court.

**PHASE TWO: (Minimum of 90 days)**

*Goals: The participant should be fully engaged in the program, programming as required and participating in all court sessions. The participant should begin to recognize relapse triggers and develop a relapse prevention plan.*

**Expectations:**

* Abstain from drug/alcohol use
* Full compliance/participation in mental health/substance abuse treatment
* Develop a relapse prevention plan and share orally in court
* Full compliance with medication management
* The participate will come to court on a weekly basis and complete weekly goal/assignments
* Minimum of two monthly visits with assigned Probation Officer (home or office)
* Follow up on benefits
* Determine if employment/vocational education is appropriate
* Participate in one monthly community education/support group/psycho ed class (NAMI)
* Have at least one contact per month with peer mentor (in person or phone call)
* Review/provide update on identified personal and treatment goals.
* The participant will abstain from self-harm or harming others.
* The participant will follow up on benefits

**PHASE THREE: (Minimum of 120 days)**

*Goals: The participant will develop a community-based sober support network upon which to rely in making significant decisions and coping with stressors. The participant will complete a life skills, employment or educational program, or secure employment.*

* Abstain from drugs/alcohol use
* Full compliance/participation in mental health/substance abuse treatment
* Full compliance with medication management
* The participant will transition to every other week court participation
* Minimum of one monthly visit with assigned Probation Officer (home or office)
* Follow up on benefits
* Participate in one monthly community education/support group/psycho ed class (NAMI)
* The participant will be randomly drug tested a minimum of two times per month
* Have at least one contact with peer mentor (in person or phone call)
* Review/provide update on identified personal and treatment goals
* The participant will abstain from self-harm or harming others.
* The participant will follow up on with benefits
* Find and plan community service
* The participant will prepare a written update on the progress made towards personal and treatment goals and present it to the court.

**PHASE FOUR: (Minimum of 120 days)**

*Goals: The participant should have a long period of sobriety and mental health issues stabilized. The participant should be receiving all benefits entitled to and have stable housing.*

* Abstain from drugs/alcohol use
* Full compliance/participation in mental health/substance abuse treatment
* Full compliance with medication management
* The participant will remain on every other week court participation
* Minimum of one monthly visit with assigned Probation Officer (home or office)
* Finalize all benefits for long term success (Social Security/Housing/Medicaid/Food Stamps/Bus Passes, etc.)
* Participate in one monthly community education/support group/psycho ed class (NAMI)
* Have at least one contact with peer mentor (in person or phone call)
* The participant will remain on a twice monthly drug testing schedule
* Review/develop comprehensive relapse prevention plan including at least two pro social support systems
* Prepare long-term recovery plan and present orally to the group
* Make sure all personal and treatment goals have been met
* Complete 20 hours of community service